

# HORAIRES DE PESSA'H 5786 (2026)

Pour les villes de France

R. Stioui

Recherche du 'Hamets (BEDIKA) à partir de l'apparition des étoiles du

Mardi 31 Mars 2026

Limite pour CONSOMMER ou pour POSSEDER du 'Hamets la veille de Pessa'h

Mercredi 1 Avril 2026

| VILLES               | BEDIKAT<br>'HAMETS<br>( Mardi ) | Limite pour<br>consommer<br>du 'Hamets<br>( Mercredi ) | Limite pour<br>posséder<br>du 'Hamets<br>( Mercredi ) | Limite pour<br>Matsa Achira<br>Fin 9e heure<br>( Mercredi ) | Mistva<br>de Matsa<br>à partir de<br>( Mercredi ) |
|----------------------|---------------------------------|--------------------------------------------------------|-------------------------------------------------------|-------------------------------------------------------------|---------------------------------------------------|
| <b>PARIS (75)</b>    | <b>20:59</b>                    | <b>10:54</b>                                           | <b>12:09</b>                                          | <b>17:08</b>                                                | <b>21:07</b>                                      |
| Marseille (13)       | 20:39                           | 10:49                                                  | 12:02                                                 | 16:53                                                       | 20:46                                             |
| Lyon (69)            | 20:45                           | 10:48                                                  | 12:03                                                 | 16:56                                                       | 20:51                                             |
| Toulouse (31)        | 20:55                           | 11:04                                                  | 12:18                                                 | 17:09                                                       | 21:02                                             |
| Nice (06)            | 20:32                           | 10:41                                                  | 11:55                                                 | 16:46                                                       | 20:39                                             |
| Strasbourg (67)      | 20:37                           | 10:32                                                  | 11:48                                                 | 16:46                                                       | 20:45                                             |
| Montpellier (34)     | 20:45                           | 10:54                                                  | 12:08                                                 | 16:59                                                       | 20:52                                             |
| Bordeaux (33)        | 21:05                           | 11:11                                                  | 12:25                                                 | 17:18                                                       | 21:12                                             |
| Grenoble (38)        | 20:40                           | 10:45                                                  | 12:00                                                 | 16:53                                                       | 20:47                                             |
| Dijon (21)           | 20:46                           | 10:45                                                  | 12:00                                                 | 16:56                                                       | 20:53                                             |
| Abbeville (80)       | 21:03                           | 10:54                                                  | 12:10                                                 | 17:10                                                       | 21:11                                             |
| Agen (47)            | 20:59                           | 11:07                                                  | 12:21                                                 | 17:13                                                       | 21:06                                             |
| Aix en Provence (13) | 20:39                           | 10:48                                                  | 12:02                                                 | 16:53                                                       | 20:46                                             |
| Aix les Bains (73)   | 20:40                           | 10:44                                                  | 11:58                                                 | 16:52                                                       | 20:47                                             |
| Ajaccio (20)         | 20:24                           | 10:37                                                  | 11:50                                                 | 16:40                                                       | 20:30                                             |
| Albertville (73)     | 20:38                           | 10:42                                                  | 11:56                                                 | 16:50                                                       | 20:45                                             |
| Albi (81)            | 20:53                           | 11:01                                                  | 12:15                                                 | 17:06                                                       | 20:59                                             |
| Alençon (61)         | 21:08                           | 11:03                                                  | 12:19                                                 | 17:17                                                       | 21:15                                             |
| Ales (30)            | 20:45                           | 10:53                                                  | 12:07                                                 | 16:59                                                       | 20:52                                             |
| Alpe d'Huez (38)     | 20:39                           | 10:44                                                  | 11:58                                                 | 16:51                                                       | 20:45                                             |
| Amiens (80)          | 21:01                           | 10:52                                                  | 12:08                                                 | 17:08                                                       | 21:09                                             |
| Angers (49)          | 21:09                           | 11:07                                                  | 12:22                                                 | 17:19                                                       | 21:16                                             |
| Angoulême (16)       | 21:03                           | 11:07                                                  | 12:21                                                 | 17:15                                                       | 21:10                                             |
| Annecy (74)          | 20:40                           | 10:43                                                  | 11:57                                                 | 16:51                                                       | 20:46                                             |
| Annemasse (74)       | 20:39                           | 10:42                                                  | 11:56                                                 | 16:51                                                       | 20:46                                             |
| Annonay (07)         | 20:44                           | 10:49                                                  | 12:04                                                 | 16:57                                                       | 20:51                                             |
| Antibes (06)         | 20:32                           | 10:41                                                  | 11:55                                                 | 16:46                                                       | 20:39                                             |
| Arcachon (33)        | 21:07                           | 11:13                                                  | 12:27                                                 | 17:20                                                       | 21:14                                             |
| Argentan (61)        | 21:08                           | 11:03                                                  | 12:19                                                 | 17:17                                                       | 21:16                                             |
| Arles (13)           | 20:42                           | 10:51                                                  | 12:05                                                 | 16:56                                                       | 20:49                                             |
| Arles-Pyrénée        | 20:49                           | 11:00                                                  | 12:14                                                 | 17:04                                                       | 20:55                                             |

| <b>VILLES</b>           | <b>BEDIKAT<br/>'HAMETS<br/>( Mardi )</b> | <b>Limite pour<br/>consommer<br/>du 'Hamets<br/>( Mercredi )</b> | <b>Limite pour<br/>posséder<br/>du 'Hamets<br/>( Mercredi )</b> | <b>Limite pour<br/>Matsa Achira<br/>Fin 9e heure<br/>( Mercredi )</b> | <b>Mistva<br/>de Matsa<br/>à partir de<br/>( Mercredi )</b> |
|-------------------------|------------------------------------------|------------------------------------------------------------------|-----------------------------------------------------------------|-----------------------------------------------------------------------|-------------------------------------------------------------|
| Armentieres-En-B. (77)  | 20:57                                    | 10:51                                                            | 12:07                                                           | 17:05                                                                 | 21:04                                                       |
| Arpajon                 | 20:59                                    | 10:54                                                            | 12:10                                                           | 17:08                                                                 | 21:06                                                       |
| Arras (62)              | 21:00                                    | 10:50                                                            | 12:06                                                           | 17:07                                                                 | 21:08                                                       |
| Aubagne (13)            | 20:38                                    | 10:48                                                            | 12:01                                                           | 16:52                                                                 | 20:45                                                       |
| Aubenas (07)            | 20:45                                    | 10:51                                                            | 12:05                                                           | 16:58                                                                 | 20:51                                                       |
| Auch (32)               | 20:59                                    | 11:07                                                            | 12:21                                                           | 17:13                                                                 | 21:05                                                       |
| Aurillac (15)           | 20:53                                    | 10:59                                                            | 12:13                                                           | 17:06                                                                 | 21:00                                                       |
| Auxerre (89)            | 20:53                                    | 10:50                                                            | 12:06                                                           | 17:02                                                                 | 21:00                                                       |
| Avallon (89)            | 20:51                                    | 10:49                                                            | 12:05                                                           | 17:01                                                                 | 20:58                                                       |
| Avignon (84)            | 20:42                                    | 10:50                                                            | 12:04                                                           | 16:56                                                                 | 20:49                                                       |
| Ax-les-Thermes          | 20:53                                    | 11:03                                                            | 12:17                                                           | 17:07                                                                 | 20:59                                                       |
| Barcarès                | 20:48                                    | 10:59                                                            | 12:12                                                           | 17:03                                                                 | 20:54                                                       |
| Barcelonnette           | 20:35                                    | 10:42                                                            | 11:56                                                           | 16:49                                                                 | 20:42                                                       |
| Bar-le-Duc (55)         | 20:48                                    | 10:42                                                            | 11:58                                                           | 16:56                                                                 | 20:55                                                       |
| Bastia (20)             | 20:22                                    | 10:33                                                            | 11:46                                                           | 16:37                                                                 | 20:28                                                       |
| Bayonne (64)            | 21:07                                    | 11:16                                                            | 12:30                                                           | 17:21                                                                 | 21:13                                                       |
| Beaune (21)             | 20:46                                    | 10:46                                                            | 12:01                                                           | 16:57                                                                 | 20:53                                                       |
| Beaurepaire             | 20:43                                    | 10:48                                                            | 12:02                                                           | 16:55                                                                 | 20:50                                                       |
| Beausoleil              | 20:31                                    | 10:40                                                            | 11:54                                                           | 16:45                                                                 | 20:38                                                       |
| Beauvais (60)           | 21:01                                    | 10:54                                                            | 12:10                                                           | 17:09                                                                 | 21:09                                                       |
| Belfort (90)            | 20:39                                    | 10:37                                                            | 11:53                                                           | 16:49                                                                 | 20:46                                                       |
| Bellegarde              | 20:57                                    | 10:55                                                            | 12:10                                                           | 17:07                                                                 | 21:05                                                       |
| Belleville              | 20:45                                    | 10:48                                                            | 12:03                                                           | 16:57                                                                 | 20:52                                                       |
| Bellevue                | 21:05                                    | 11:11                                                            | 12:25                                                           | 17:18                                                                 | 21:12                                                       |
| Bergerac (24)           | 21:01                                    | 11:06                                                            | 12:21                                                           | 17:13                                                                 | 21:07                                                       |
| Besançon (25)           | 20:42                                    | 10:41                                                            | 11:56                                                           | 16:52                                                                 | 20:49                                                       |
| Béziers (34)            | 20:48                                    | 10:57                                                            | 12:11                                                           | 17:02                                                                 | 20:54                                                       |
| Biarritz (64)           | 21:07                                    | 11:16                                                            | 12:30                                                           | 17:21                                                                 | 21:13                                                       |
| Bischheim (67)          | 20:37                                    | 10:32                                                            | 11:48                                                           | 16:46                                                                 | 20:44                                                       |
| Blois (41)              | 21:01                                    | 10:59                                                            | 12:15                                                           | 17:11                                                                 | 21:08                                                       |
| Boulogne-Sur-Mer (62)   | 21:05                                    | 10:54                                                            | 12:10                                                           | 17:12                                                                 | 21:13                                                       |
| Bourg-d'Oisans          | 20:39                                    | 10:44                                                            | 11:58                                                           | 16:51                                                                 | 20:46                                                       |
| Bourg-en-Bresse (01)    | 20:44                                    | 10:46                                                            | 12:01                                                           | 16:55                                                                 | 20:51                                                       |
| Bourges (18)            | 20:56                                    | 10:56                                                            | 12:11                                                           | 17:07                                                                 | 21:03                                                       |
| Bourg-St-Maurice (73)   | 20:37                                    | 10:40                                                            | 11:55                                                           | 16:49                                                                 | 20:43                                                       |
| Brest (29)              | 21:26                                    | 11:22                                                            | 12:37                                                           | 17:35                                                                 | 21:33                                                       |
| Briançon (05)           | 20:36                                    | 10:42                                                            | 11:56                                                           | 16:49                                                                 | 20:43                                                       |
| Brioude (43)            | 20:50                                    | 10:54                                                            | 12:09                                                           | 17:02                                                                 | 20:56                                                       |
| Brive-La-Gaillarde (19) | 20:57                                    | 11:02                                                            | 12:16                                                           | 17:09                                                                 | 21:04                                                       |
| Brunoy                  | 20:58                                    | 10:53                                                            | 12:09                                                           | 17:07                                                                 | 21:06                                                       |
| Caen (14)               | 21:11                                    | 11:04                                                            | 12:20                                                           | 17:19                                                                 | 21:18                                                       |
| Cagnes sur mer (06)     | 20:32                                    | 10:41                                                            | 11:55                                                           | 16:46                                                                 | 20:39                                                       |
| Cahors (46)             | 20:56                                    | 11:03                                                            | 12:17                                                           | 17:09                                                                 | 21:03                                                       |
| Calais (62)             | 21:04                                    | 10:52                                                            | 12:09                                                           | 17:10                                                                 | 21:12                                                       |
| Caluire-et-cuire        | 20:45                                    | 10:48                                                            | 12:03                                                           | 16:56                                                                 | 20:51                                                       |
| Calvi (20)              | 20:25                                    | 10:36                                                            | 11:50                                                           | 16:40                                                                 | 20:31                                                       |

| <b>VILLES</b>             | <b>BEDIKAT<br/>'HAMETS<br/>( Mardi )</b> | <b>Limite pour<br/>consommer<br/>du 'Hamets<br/>( Mercredi )</b> | <b>Limite pour<br/>posséder<br/>du 'Hamets<br/>( Mercredi )</b> | <b>Limite pour<br/>Matsa Achira<br/>Fin 9e heure<br/>( Mercredi )</b> | <b>Mistva<br/>de Matsa<br/>à partir de<br/>( Mercredi )</b> |
|---------------------------|------------------------------------------|------------------------------------------------------------------|-----------------------------------------------------------------|-----------------------------------------------------------------------|-------------------------------------------------------------|
| Cannes (06)               | 20:33                                    | 10:42                                                            | 11:56                                                           | 16:47                                                                 | 20:39                                                       |
| Carcans                   | 21:07                                    | 11:12                                                            | 12:27                                                           | 17:20                                                                 | 21:14                                                       |
| Carcassonne (11)          | 20:51                                    | 11:01                                                            | 12:15                                                           | 17:05                                                                 | 20:58                                                       |
| Carpentras (84)           | 20:41                                    | 10:49                                                            | 12:03                                                           | 16:55                                                                 | 20:48                                                       |
| Chalons en Champ. (51)    | 20:51                                    | 10:45                                                            | 12:01                                                           | 17:00                                                                 | 20:59                                                       |
| Chalon-sur-Saône (71)     | 20:46                                    | 10:47                                                            | 12:02                                                           | 16:57                                                                 | 20:53                                                       |
| Chambéry Savoie (73)      | 20:40                                    | 10:44                                                            | 11:58                                                           | 16:52                                                                 | 20:47                                                       |
| Chamonix-Mt-Blanc         | 20:37                                    | 10:40                                                            | 11:54                                                           | 16:48                                                                 | 20:44                                                       |
| Chantilly                 | 20:59                                    | 10:53                                                            | 12:08                                                           | 17:07                                                                 | 21:07                                                       |
| Charleville-Mezières (08) | 20:51                                    | 10:43                                                            | 11:59                                                           | 16:59                                                                 | 20:59                                                       |
| Chartres (28)             | 21:02                                    | 10:58                                                            | 12:13                                                           | 17:11                                                                 | 21:09                                                       |
| Châteaudun                | 21:02                                    | 10:59                                                            | 12:14                                                           | 17:11                                                                 | 21:09                                                       |
| Chateauroux (36)          | 20:59                                    | 10:59                                                            | 12:14                                                           | 17:09                                                                 | 21:06                                                       |
| Chatelguyon (63)          | 20:52                                    | 10:55                                                            | 12:09                                                           | 17:04                                                                 | 20:59                                                       |
| Chatellerault (86)        | 21:03                                    | 11:04                                                            | 12:19                                                           | 17:14                                                                 | 21:10                                                       |
| Chaumont (52)             | 20:47                                    | 10:44                                                            | 11:59                                                           | 16:56                                                                 | 20:54                                                       |
| Cherbourg (50)            | 21:17                                    | 11:08                                                            | 12:25                                                           | 17:24                                                                 | 21:24                                                       |
| Cholet (49)               | 21:09                                    | 11:09                                                            | 12:24                                                           | 17:20                                                                 | 21:16                                                       |
| Clermont-Ferrand (63)     | 20:52                                    | 10:55                                                            | 12:10                                                           | 17:03                                                                 | 20:58                                                       |
| Cluses (74)               | 20:38                                    | 10:41                                                            | 11:55                                                           | 16:50                                                                 | 20:45                                                       |
| Cognac (16)               | 21:05                                    | 11:09                                                            | 12:23                                                           | 17:17                                                                 | 21:12                                                       |
| Colmar (68)               | 20:38                                    | 10:35                                                            | 11:50                                                           | 16:47                                                                 | 20:45                                                       |
| Compiègne (60)            | 20:58                                    | 10:51                                                            | 12:07                                                           | 17:06                                                                 | 21:06                                                       |
| Corsica                   | 20:23                                    | 10:35                                                            | 11:49                                                           | 16:38                                                                 | 20:29                                                       |
| Corte (20)                | 20:23                                    | 10:34                                                            | 11:48                                                           | 16:38                                                                 | 20:29                                                       |
| Courchevel (Alpes)        | 20:37                                    | 10:41                                                            | 11:56                                                           | 16:49                                                                 | 20:44                                                       |
| Creil (60)                | 20:59                                    | 10:52                                                            | 12:08                                                           | 17:07                                                                 | 21:07                                                       |
| Créteil                   | 20:59                                    | 10:53                                                            | 12:09                                                           | 17:07                                                                 | 21:06                                                       |
| Dax (40)                  | 21:05                                    | 11:14                                                            | 12:28                                                           | 17:19                                                                 | 21:12                                                       |
| Deauville (14)            | 21:09                                    | 11:02                                                            | 12:18                                                           | 17:17                                                                 | 21:17                                                       |
| Delle (90)                | 20:38                                    | 10:37                                                            | 11:52                                                           | 16:48                                                                 | 20:45                                                       |
| Denain                    | 20:58                                    | 10:47                                                            | 12:04                                                           | 17:04                                                                 | 21:05                                                       |
| Dieppe (76)               | 21:06                                    | 10:57                                                            | 12:13                                                           | 17:13                                                                 | 21:14                                                       |
| Digne-Les-Bains (04)      | 20:37                                    | 10:44                                                            | 11:59                                                           | 16:50                                                                 | 20:43                                                       |
| Dinan (22)                | 20:16                                    | 10:12                                                            | 11:27                                                           | 16:25                                                                 | 20:23                                                       |
| Dinard (35)               | 20:17                                    | 10:12                                                            | 11:27                                                           | 16:25                                                                 | 20:24                                                       |
| Dole (39)                 | 20:44                                    | 10:43                                                            | 11:59                                                           | 16:54                                                                 | 20:51                                                       |
| Douai                     | 20:59                                    | 10:48                                                            | 12:05                                                           | 17:05                                                                 | 21:07                                                       |
| Draguignan                | 20:35                                    | 10:44                                                            | 11:58                                                           | 16:49                                                                 | 20:41                                                       |
| Dreux (28)                | 21:03                                    | 10:58                                                            | 12:13                                                           | 17:12                                                                 | 21:10                                                       |
| Dunkerque (59)            | 21:03                                    | 10:50                                                            | 12:07                                                           | 17:09                                                                 | 21:11                                                       |
| Echirolles (38)           | 20:40                                    | 10:45                                                            | 11:59                                                           | 16:53                                                                 | 20:47                                                       |
| Élancourt                 | 21:01                                    | 10:55                                                            | 12:11                                                           | 17:09                                                                 | 21:08                                                       |
| Embrun (05)               | 20:36                                    | 10:43                                                            | 11:57                                                           | 16:49                                                                 | 20:43                                                       |
| Épernay (51)              | 20:53                                    | 10:47                                                            | 12:03                                                           | 17:01                                                                 | 21:00                                                       |
| Épernon                   | 21:01                                    | 10:57                                                            | 12:12                                                           | 17:10                                                                 | 21:09                                                       |

| <b>VILLES</b>          | <b>BEDIKAT<br/>'HAMETS<br/>( Mardi )</b> | <b>Limite pour<br/>consommer<br/>du 'Hamets<br/>( Mercredi )</b> | <b>Limite pour<br/>posséder<br/>du 'Hamets<br/>( Mercredi )</b> | <b>Limite pour<br/>Matsa Achira<br/>Fin 9e heure<br/>( Mercredi )</b> | <b>Mistva<br/>de Matsa<br/>à partir de<br/>( Mercredi )</b> |
|------------------------|------------------------------------------|------------------------------------------------------------------|-----------------------------------------------------------------|-----------------------------------------------------------------------|-------------------------------------------------------------|
| Épinal (88)            | 20:42                                    | 10:38                                                            | 11:54                                                           | 16:51                                                                 | 20:49                                                       |
| Épinay-sur-Seine       | 20:59                                    | 10:54                                                            | 12:09                                                           | 17:08                                                                 | 21:07                                                       |
| Étretat                | 21:09                                    | 11:01                                                            | 12:17                                                           | 17:17                                                                 | 21:17                                                       |
| Evian (74)             | 20:38                                    | 10:40                                                            | 11:55                                                           | 16:50                                                                 | 20:45                                                       |
| Évreux (27)            | 21:04                                    | 10:58                                                            | 12:14                                                           | 17:13                                                                 | 21:12                                                       |
| Eymoutiers             | 20:57                                    | 11:00                                                            | 12:15                                                           | 17:09                                                                 | 21:04                                                       |
| Fontainebleau (77)     | 20:57                                    | 10:53                                                            | 12:09                                                           | 17:06                                                                 | 21:04                                                       |
| Fos-sur-Mer            | 20:41                                    | 10:50                                                            | 12:04                                                           | 16:55                                                                 | 20:47                                                       |
| Fréjus-St Raphaël (83) | 20:34                                    | 10:43                                                            | 11:57                                                           | 16:48                                                                 | 20:40                                                       |
| Gap (05)               | 20:38                                    | 10:44                                                            | 11:59                                                           | 16:51                                                                 | 20:45                                                       |
| Garges-lès-Gonesse     | 20:59                                    | 10:53                                                            | 12:09                                                           | 17:07                                                                 | 21:06                                                       |
| Grasse (06)            | 20:33                                    | 10:42                                                            | 11:56                                                           | 16:47                                                                 | 20:40                                                       |
| Guadeloupe la          | 18:46                                    | 09:33                                                            | 10:42                                                           | 15:15                                                                 | 18:50                                                       |
| Gueret (23)            | 20:57                                    | 10:59                                                            | 12:14                                                           | 17:09                                                                 | 21:04                                                       |
| Guyane-Française       | 19:06                                    | 10:01                                                            | 11:09                                                           | 15:38                                                                 | 19:10                                                       |
| Haguenau (67)          | 20:37                                    | 10:32                                                            | 11:48                                                           | 16:46                                                                 | 20:45                                                       |
| Hendaye (64)           | 21:08                                    | 11:17                                                            | 12:31                                                           | 17:22                                                                 | 21:14                                                       |
| Hyerres (83)           | 20:36                                    | 10:46                                                            | 12:00                                                           | 16:50                                                                 | 20:42                                                       |
| Istres (13)            | 20:41                                    | 10:50                                                            | 12:04                                                           | 16:55                                                                 | 20:47                                                       |
| Joue-Les-Tours (37)    | 21:04                                    | 11:02                                                            | 12:18                                                           | 17:14                                                                 | 21:11                                                       |
| Juan-les-Pins          | 20:32                                    | 10:41                                                            | 11:55                                                           | 16:46                                                                 | 20:39                                                       |
| La Baule               | 21:00                                    | 10:58                                                            | 12:13                                                           | 17:10                                                                 | 21:07                                                       |
| La Ciotat              | 20:38                                    | 10:48                                                            | 12:02                                                           | 16:52                                                                 | 20:44                                                       |
| La Grande Motte        | 20:45                                    | 10:53                                                            | 12:07                                                           | 16:59                                                                 | 20:51                                                       |
| La Rochelle (17)       | 21:09                                    | 11:11                                                            | 12:26                                                           | 17:21                                                                 | 21:16                                                       |
| La-Roche-Sur-Yon (85)  | 21:11                                    | 11:12                                                            | 12:27                                                           | 17:22                                                                 | 21:18                                                       |
| La Seyne-Sur-Mer (83)  | 20:37                                    | 10:47                                                            | 12:01                                                           | 16:51                                                                 | 20:43                                                       |
| Lannion (22)           | 21:22                                    | 11:17                                                            | 12:33                                                           | 17:31                                                                 | 21:30                                                       |
| Laval (53)             | 21:10                                    | 11:07                                                            | 12:23                                                           | 17:20                                                                 | 21:18                                                       |
| Le Creusot (71)        | 20:48                                    | 10:48                                                            | 12:03                                                           | 16:59                                                                 | 20:55                                                       |
| Le Havre (76)          | 21:09                                    | 11:02                                                            | 12:18                                                           | 17:17                                                                 | 21:17                                                       |
| Le Mans (72)           | 21:05                                    | 11:05                                                            | 12:20                                                           | 17:16                                                                 | 21:12                                                       |
| Le Monetier Les Bains  | 20:37                                    | 10:42                                                            | 11:56                                                           | 16:49                                                                 | 20:43                                                       |
| Lens (62)              | 21:00                                    | 10:49                                                            | 12:06                                                           | 17:06                                                                 | 21:08                                                       |
| Les Arcs (Alpes)       | 20:36                                    | 10:40                                                            | 11:55                                                           | 16:49                                                                 | 20:43                                                       |
| Libourne               | 21:04                                    | 11:09                                                            | 12:24                                                           | 17:16                                                                 | 21:10                                                       |
| Lille (59)             | 20:59                                    | 10:48                                                            | 12:04                                                           | 17:06                                                                 | 21:07                                                       |
| Limoges (87)           | 20:59                                    | 11:02                                                            | 12:17                                                           | 17:11                                                                 | 21:06                                                       |
| Limours                | 21:00                                    | 10:55                                                            | 12:11                                                           | 17:09                                                                 | 21:07                                                       |
| Lisieux (14)           | 21:08                                    | 11:02                                                            | 12:18                                                           | 17:16                                                                 | 21:16                                                       |
| Lons-Le-Saunier (39)   | 20:43                                    | 10:44                                                            | 11:59                                                           | 16:54                                                                 | 20:50                                                       |
| Lorient (56)           | 21:20                                    | 11:18                                                            | 12:33                                                           | 17:30                                                                 | 21:27                                                       |
| Lourdes (65)           | 21:01                                    | 11:11                                                            | 12:24                                                           | 17:15                                                                 | 21:07                                                       |
| Lunéville (54)         | 20:42                                    | 10:37                                                            | 11:53                                                           | 16:51                                                                 | 20:49                                                       |
| Macon (71)             | 20:45                                    | 10:47                                                            | 12:02                                                           | 16:57                                                                 | 20:52                                                       |
| Manosque (04)          | 20:38                                    | 10:46                                                            | 12:00                                                           | 16:52                                                                 | 20:45                                                       |

| VILLES             | BEDIKAT<br>'HAMETS<br>( Mardi ) | Limite pour<br>consommer<br>du 'Hamets<br>( Mercredi ) | Limite pour<br>posséder<br>du 'Hamets<br>( Mercredi ) | Limite pour<br>Matsa Achira<br>Fin 9e heure<br>( Mercredi ) | Mistva<br>de Matsa<br>à partir de<br>( Mercredi ) |
|--------------------|---------------------------------|--------------------------------------------------------|-------------------------------------------------------|-------------------------------------------------------------|---------------------------------------------------|
| Mantes-la-Jolie    | 21:02                           | 10:56                                                  | 12:12                                                 | 17:10                                                       | 21:09                                             |
| Marcq-en-Baroeul   | 20:59                           | 10:48                                                  | 12:04                                                 | 17:06                                                       | 21:07                                             |
| Martigues (13)     | 20:40                           | 10:50                                                  | 12:04                                                 | 16:55                                                       | 20:47                                             |
| Maubeuge           | 20:55                           | 10:45                                                  | 12:01                                                 | 17:02                                                       | 21:03                                             |
| Mayenne (53)       | 21:10                           | 11:06                                                  | 12:22                                                 | 17:19                                                       | 21:18                                             |
| Meaux (77)         | 20:57                           | 10:51                                                  | 12:07                                                 | 17:06                                                       | 21:05                                             |
| Melun (77)         | 20:57                           | 10:53                                                  | 12:09                                                 | 17:06                                                       | 21:05                                             |
| Mende (48)         | 20:48                           | 10:55                                                  | 12:09                                                 | 17:01                                                       | 20:55                                             |
| Menton (06)        | 20:31                           | 10:40                                                  | 11:54                                                 | 16:45                                                       | 20:38                                             |
| Metz (57)          | 20:44                           | 10:38                                                  | 11:54                                                 | 16:53                                                       | 20:52                                             |
| Modane (73)        | 20:36                           | 10:41                                                  | 11:56                                                 | 16:49                                                       | 20:43                                             |
| Monaco             | 20:31                           | 10:40                                                  | 11:54                                                 | 16:45                                                       | 20:38                                             |
| Montargis (45)     | 20:56                           | 10:53                                                  | 12:09                                                 | 17:06                                                       | 21:04                                             |
| Montauban (82)     | 20:56                           | 11:04                                                  | 12:18                                                 | 17:10                                                       | 21:03                                             |
| Montbéliard (25)   | 20:39                           | 10:38                                                  | 11:53                                                 | 16:49                                                       | 20:46                                             |
| Mont-De-Marsan(40) | 21:03                           | 11:11                                                  | 12:26                                                 | 17:17                                                       | 21:10                                             |
| Montelimar (26)    | 20:43                           | 10:50                                                  | 12:04                                                 | 16:56                                                       | 20:50                                             |
| Montluçon (03)     | 20:54                           | 10:56                                                  | 12:11                                                 | 17:06                                                       | 21:01                                             |
| Montmélian         | 20:39                           | 10:43                                                  | 11:58                                                 | 16:51                                                       | 20:46                                             |
| Morzine            | 20:38                           | 10:40                                                  | 11:55                                                 | 16:49                                                       | 20:45                                             |
| Moulins (03)       | 20:52                           | 10:53                                                  | 12:08                                                 | 17:03                                                       | 20:59                                             |
| Mulhouse (68)      | 20:37                           | 10:35                                                  | 11:51                                                 | 16:47                                                       | 20:45                                             |
| Nancy (54)         | 20:44                           | 10:39                                                  | 11:54                                                 | 16:52                                                       | 20:51                                             |
| Nantes (44)        | 21:12                           | 11:12                                                  | 12:27                                                 | 17:23                                                       | 21:19                                             |
| Nantua             | 20:42                           | 10:44                                                  | 11:59                                                 | 16:54                                                       | 20:49                                             |
| Narbonne (11)      | 20:48                           | 10:58                                                  | 12:12                                                 | 17:03                                                       | 20:55                                             |
| Nemours            | 20:57                           | 10:53                                                  | 12:09                                                 | 17:06                                                       | 21:04                                             |
| Nevers (58)        | 20:53                           | 10:53                                                  | 12:08                                                 | 17:04                                                       | 21:00                                             |
| Nîmes (30)         | 20:44                           | 10:52                                                  | 12:06                                                 | 16:58                                                       | 20:50                                             |
| Niort (79)         | 21:07                           | 11:08                                                  | 12:23                                                 | 17:18                                                       | 21:14                                             |
| Nouvelle Calédonie | 18:23                           | 09:24                                                  | 10:31                                                 | 14:56                                                       | 18:26                                             |
| Obernai            | 20:38                           | 10:34                                                  | 11:49                                                 | 16:47                                                       | 20:45                                             |
| Oisans             | 20:38                           | 10:44                                                  | 11:58                                                 | 16:51                                                       | 20:45                                             |
| Orange (84)        | 20:43                           | 10:50                                                  | 12:04                                                 | 16:56                                                       | 20:49                                             |
| Orléans (45)       | 20:59                           | 10:57                                                  | 12:12                                                 | 17:09                                                       | 21:07                                             |
| Pamiers (09)       | 20:54                           | 11:04                                                  | 12:17                                                 | 17:08                                                       | 21:00                                             |
| Pau (64)           | 21:02                           | 11:12                                                  | 12:25                                                 | 17:16                                                       | 21:09                                             |
| Périgueux (24)     | 21:00                           | 11:05                                                  | 12:20                                                 | 17:13                                                       | 21:07                                             |
| Perpignan (66)     | 20:48                           | 10:59                                                  | 12:13                                                 | 17:03                                                       | 20:55                                             |
| Poitiers (86)      | 21:04                           | 11:05                                                  | 12:20                                                 | 17:15                                                       | 21:11                                             |
| Pons               | 21:06                           | 11:10                                                  | 12:24                                                 | 17:18                                                       | 21:13                                             |
| Pontarlier (25)    | 20:40                           | 10:40                                                  | 11:55                                                 | 16:51                                                       | 20:47                                             |
| Pontoise           | 21:01                           | 10:54                                                  | 12:10                                                 | 17:09                                                       | 21:08                                             |
| Porto-Vecchio (20) | 20:21                           | 10:35                                                  | 11:48                                                 | 16:37                                                       | 20:28                                             |
| Provence           | 20:38                           | 10:47                                                  | 12:01                                                 | 16:52                                                       | 20:44                                             |
| Provins            | 20:55                           | 10:50                                                  | 12:06                                                 | 17:04                                                       | 21:02                                             |

| VILLES                | BEDIKAT<br>'HAMETS<br>( Mardi ) | Limite pour<br>consommer<br>du 'Hamets<br>( Mercredi ) | Limite pour<br>posséder<br>du 'Hamets<br>( Mercredi ) | Limite pour<br>Matsa Achira<br>Fin 9e heure<br>( Mercredi ) | Mistva<br>de Matsa<br>à partir de<br>( Mercredi ) |
|-----------------------|---------------------------------|--------------------------------------------------------|-------------------------------------------------------|-------------------------------------------------------------|---------------------------------------------------|
| Quimper (29)          | 21:24                           | 11:21                                                  | 12:36                                                 | 17:33                                                       | 21:31                                             |
| Reims (51)            | 20:53                           | 10:46                                                  | 12:02                                                 | 17:01                                                       | 21:01                                             |
| Rennes (35)           | 21:14                           | 11:11                                                  | 12:26                                                 | 17:23                                                       | 21:21                                             |
| Riom (63)             | 20:52                           | 10:55                                                  | 12:09                                                 | 17:03                                                       | 20:58                                             |
| Roanne (42)           | 20:48                           | 10:51                                                  | 12:05                                                 | 17:00                                                       | 20:55                                             |
| Rochefort (17)        | 21:08                           | 11:11                                                  | 12:25                                                 | 17:20                                                       | 21:15                                             |
| Rodez (12)            | 20:52                           | 10:59                                                  | 12:13                                                 | 17:05                                                       | 20:58                                             |
| Romorantin-Lant.(41)  | 20:59                           | 10:58                                                  | 12:13                                                 | 17:09                                                       | 21:06                                             |
| Roubaix (59)          | 20:59                           | 10:47                                                  | 12:04                                                 | 17:05                                                       | 21:07                                             |
| Rouen (76)            | 21:05                           | 10:58                                                  | 12:14                                                 | 17:13                                                       | 21:13                                             |
| Royan (17)            | 21:08                           | 11:12                                                  | 12:26                                                 | 17:20                                                       | 21:15                                             |
| Sallanches            | 20:38                           | 10:41                                                  | 11:55                                                 | 16:49                                                       | 20:44                                             |
| Sarcelles             | 20:59                           | 10:53                                                  | 12:09                                                 | 17:08                                                       | 21:07                                             |
| Sarrebourg            | 20:40                           | 10:35                                                  | 11:51                                                 | 16:49                                                       | 20:47                                             |
| Saverne               | 20:39                           | 10:34                                                  | 11:50                                                 | 16:48                                                       | 20:46                                             |
| Sélestat (67)         | 20:38                           | 10:34                                                  | 11:50                                                 | 16:47                                                       | 20:45                                             |
| Selonnet (Alpes)      | 20:37                           | 10:44                                                  | 11:58                                                 | 16:50                                                       | 20:43                                             |
| Sens (89)             | 20:54                           | 10:51                                                  | 12:06                                                 | 17:04                                                       | 21:02                                             |
| Sète                  | 20:46                           | 10:55                                                  | 12:09                                                 | 17:00                                                       | 20:52                                             |
| Seyssel               | 20:41                           | 10:44                                                  | 11:58                                                 | 16:52                                                       | 20:48                                             |
| Sisteron (04)         | 20:38                           | 10:45                                                  | 11:59                                                 | 16:51                                                       | 20:45                                             |
| Sochaux               | 20:39                           | 10:38                                                  | 11:53                                                 | 16:49                                                       | 20:46                                             |
| Soissons (02)         | 20:56                           | 10:49                                                  | 12:05                                                 | 17:04                                                       | 21:04                                             |
| Solenzara             | 20:21                           | 10:34                                                  | 11:47                                                 | 16:37                                                       | 20:28                                             |
| St Briec (22)         | 20:19                           | 10:14                                                  | 11:30                                                 | 16:28                                                       | 20:26                                             |
| St Denis, Réunion     | 18:47                           | 09:48                                                  | 10:55                                                 | 15:20                                                       | 18:50                                             |
| St Dié (88)           | 19:40                           | 09:36                                                  | 10:52                                                 | 15:49                                                       | 19:47                                             |
| St Dizier (52)        | 19:48                           | 09:44                                                  | 10:59                                                 | 15:57                                                       | 19:56                                             |
| St Etienne (42)       | 19:46                           | 09:50                                                  | 11:05                                                 | 15:58                                                       | 19:53                                             |
| St Gervais-les-Bains  | 20:37                           | 10:40                                                  | 11:55                                                 | 16:49                                                       | 20:44                                             |
| St Laurent du Var     | 20:32                           | 10:41                                                  | 11:55                                                 | 16:46                                                       | 20:39                                             |
| St Lo (50)            | 20:13                           | 10:07                                                  | 11:23                                                 | 16:22                                                       | 20:21                                             |
| St Louis (68)         | 20:36                           | 10:35                                                  | 11:50                                                 | 16:46                                                       | 20:43                                             |
| St Malo (35)          | 21:16                           | 11:11                                                  | 12:27                                                 | 17:25                                                       | 21:24                                             |
| St Nazaire (44)       | 21:15                           | 11:14                                                  | 12:29                                                 | 17:25                                                       | 21:22                                             |
| St Pierre et Miquelon | 19:52                           | 09:51                                                  | 11:06                                                 | 16:02                                                       | 19:59                                             |
| St Quentin (02)       | 20:57                           | 10:48                                                  | 12:05                                                 | 17:04                                                       | 21:05                                             |
| St Raphaél            | 20:34                           | 10:43                                                  | 11:57                                                 | 16:48                                                       | 20:40                                             |
| St Tropez             | 20:34                           | 10:44                                                  | 11:57                                                 | 16:48                                                       | 20:40                                             |
| Tancarville           | 21:08                           | 11:00                                                  | 12:16                                                 | 17:15                                                       | 21:15                                             |
| Tarascon              | 20:43                           | 10:51                                                  | 12:05                                                 | 16:56                                                       | 20:49                                             |
| Tarbes (65)           | 21:00                           | 11:10                                                  | 12:24                                                 | 17:15                                                       | 21:07                                             |
| Thionville (57)       | 20:45                           | 10:38                                                  | 11:54                                                 | 16:53                                                       | 20:52                                             |
| Thollon               | 20:40                           | 10:42                                                  | 11:57                                                 | 16:52                                                       | 20:47                                             |
| Thonon-Les-Bains (74) | 20:39                           | 10:41                                                  | 11:55                                                 | 16:50                                                       | 20:46                                             |
| Tignes                | 20:36                           | 10:40                                                  | 11:55                                                 | 16:48                                                       | 20:43                                             |

| <b>VILLES</b>          | <b>BEDIKAT<br/>'HAMETS<br/>( Mardi )</b> | <b>Limite pour<br/>consommer<br/>du 'Hamets<br/>( Mercredi )</b> | <b>Limite pour<br/>posséder<br/>du 'Hamets<br/>( Mercredi )</b> | <b>Limite pour<br/>Matsa Achira<br/>Fin 9e heure<br/>( Mercredi )</b> | <b>Mistva<br/>de Matsa<br/>à partir de<br/>( Mercredi )</b> |
|------------------------|------------------------------------------|------------------------------------------------------------------|-----------------------------------------------------------------|-----------------------------------------------------------------------|-------------------------------------------------------------|
| Tonnerre               | 20:51                                    | 10:49                                                            | 12:04                                                           | 17:01                                                                 | 20:58                                                       |
| Toul (54)              | 20:45                                    | 10:40                                                            | 11:55                                                           | 16:53                                                                 | 20:52                                                       |
| Toulon (83)            | 20:37                                    | 10:47                                                            | 12:00                                                           | 16:51                                                                 | 20:43                                                       |
| Tourcoing (59)         | 20:59                                    | 10:47                                                            | 12:04                                                           | 17:05                                                                 | 21:07                                                       |
| Tournus                | 20:45                                    | 10:47                                                            | 12:01                                                           | 16:56                                                                 | 20:52                                                       |
| Tours (37)             | 21:04                                    | 11:02                                                            | 12:18                                                           | 17:14                                                                 | 21:11                                                       |
| Trappes                | 21:00                                    | 10:55                                                            | 12:11                                                           | 17:09                                                                 | 21:08                                                       |
| Trélazé                | 21:08                                    | 11:07                                                            | 12:22                                                           | 17:18                                                                 | 21:15                                                       |
| Tréport, Le            | 21:05                                    | 10:56                                                            | 12:12                                                           | 17:12                                                                 | 21:13                                                       |
| Troyes (10)            | 20:51                                    | 10:48                                                            | 12:03                                                           | 17:01                                                                 | 20:59                                                       |
| Tulle (19)             | 20:56                                    | 11:01                                                            | 12:15                                                           | 17:08                                                                 | 21:03                                                       |
| Ussel (19)             | 20:54                                    | 10:58                                                            | 12:13                                                           | 17:06                                                                 | 21:01                                                       |
| Valence (26)           | 20:43                                    | 10:49                                                            | 12:03                                                           | 16:56                                                                 | 20:50                                                       |
| Valence (82)           | 20:58                                    | 11:06                                                            | 12:20                                                           | 17:12                                                                 | 21:05                                                       |
| Valenciennes           | 20:57                                    | 10:47                                                            | 12:03                                                           | 17:04                                                                 | 21:05                                                       |
| Vannes (56)            | 21:18                                    | 11:16                                                            | 12:31                                                           | 17:28                                                                 | 21:25                                                       |
| Vénissieux (69)        | 20:44                                    | 10:48                                                            | 12:02                                                           | 16:56                                                                 | 20:51                                                       |
| Verdun (55)            | 20:47                                    | 10:41                                                            | 11:57                                                           | 16:56                                                                 | 20:55                                                       |
| Vernon (27)            | 21:03                                    | 10:57                                                            | 12:13                                                           | 17:11                                                                 | 21:10                                                       |
| Versailles             | 21:00                                    | 10:55                                                            | 12:10                                                           | 17:09                                                                 | 21:07                                                       |
| Vesoul (70)            | 20:42                                    | 10:40                                                            | 11:55                                                           | 16:52                                                                 | 20:49                                                       |
| Vichy (03)             | 20:51                                    | 10:53                                                            | 12:08                                                           | 17:02                                                                 | 20:58                                                       |
| Vierzon (18)           | 20:58                                    | 10:57                                                            | 12:12                                                           | 17:08                                                                 | 21:05                                                       |
| Villard-de-Lans        | 20:41                                    | 10:46                                                            | 12:00                                                           | 16:53                                                                 | 20:47                                                       |
| Villefranche           | 20:58                                    | 11:07                                                            | 12:21                                                           | 17:12                                                                 | 21:04                                                       |
| Villeurbanne (69)      | 20:44                                    | 10:48                                                            | 12:02                                                           | 16:56                                                                 | 20:51                                                       |
| Vitry-Le-François (51) | 20:50                                    | 10:45                                                            | 12:01                                                           | 16:59                                                                 | 20:57                                                       |
| Vittel                 | 20:44                                    | 10:40                                                            | 11:56                                                           | 16:53                                                                 | 20:51                                                       |
| Wasselonne             | 20:38                                    | 10:34                                                            | 11:49                                                           | 16:47                                                                 | 20:46                                                       |